**Checklist On How To Succeed In The 7 Categories Of Life**

Personal

* Choose one goal at a time – we all have the habit of getting overzealous in our personal goals and start out wanting to lose weight, diet and exercise, clean out clutter, take a class, earn a certificate, etc. And then, we spiral out of control and fail at all of the above.
* Begin to get excited, and it will show. Power tip – the more you get excited about what you are doing, the more inspired you will feel and the more momentum you will create.

Career

* Examine and explore which area of your career is not working.
* Ask yourself what your end goal is – do you want to retire earlier, work fewer hours, or have more power? What is your end goal?
* Once you have discovered your end goal, start creating a plan of action.
* Pick five action steps, beginning with the smallest.
* Take one small action step per day for a set amount of time.

Relationships

* Be honest about who you are.
* Take a look at your actions, thoughts, and pre-conceived notions when relating to others.
* Ask how we can show up as a contribution to the other person.

Money

* What’s your story? We all have stories around money. It’s your job to uncover your story.
* Once you uncover your negative money story and self-sabotaging habits surrounding money, you can now write your own brand new story.
* Start practicing positive affirmations around money.
* Practice these daily.

Life Purpose

* Stop Self-sabotaging behavior.
* Practice leaving the comfort zone.
* Quiet your mind.
* Get Clear.
* Make a Declaration.

Prosperity

* Choose an area in your life where you want more prosperity. Is it in your career, your financial status, credit card debt or savings and retirement?
* Positive thoughts create prosperity.
* Take on the practice of positive thinking.

Spirituality

* Allow and accept what works for you.
* Spirituality success comes when you accept who you are and what works for you.
* Get beyond the mind and the ego.

For all of these categories, remember:

* Get quiet/get still.
* Write it down.
* Take action.
* Be accountable.
* Follow through.
* Celebrate smaller successes, which will lead to bigger ones.
* Keep up momentum with enthusiasm.